

Reclaiming Incantations

Rooting in...Reclaiming Incantation...

Repeat this out loud to yourself in moments of doubt...

Remembering who you are.

Recognizing the fears and doubts, not pushing them away...but then not drowning in them...

Having the willingness to remember how magical you are...

I { State Full Name} ,

I am whole. Complete. Rooted in my sovereign essence.

I am committed to my personal growth. I am committed to transforming my triggers + aligning my life to my highest vibration or better.

I am rooted in my truth, my vision + my purpose. There is no need to compare as comparing only validates the lack of trust within.

I am in alignment with my highest form of abundance.

I am always living from my heart and truth.

I respect myself and treat myself with kindness and love

I recognize the divinity in me

I have everything I need within myself

I am growing and learning each and every day

The universe supports me and is with me every step

I am not afraid to feel my feelings

I release the need to judge myself

I know deep down i am worthy of love

My body's purpose is to be love and to share love

Each day I become more and more self assured

Everything I do is right for me

I am blessed with countless talents

I feel at ease taking on new challenges

I am totally at ease with myself with others

I believe in my ability to create my perfect life

I can succeed at anything i put my mind and my heart to

I move with the natural flow of life

Other people believe in me because I believe in myself

I thoroughly enjoy being me.

And so it is. And so it shall be.

For the most epic transformation, repeat these for the next 40 days. As that is how long it takes for us to integrate and transform.

You can say it right when you wake up, or before you go to bed.

All my love,
Jaclynn Moon

Soul Doula, assisting souls to root in and rise up.

For further work with me visit my website : JaclynnMoon.com

I offer 1 on 1 as well as a 3 -month Mentorship program “claim your queendom”